

Visiting staff kit list

- Night wear
- Slippers or indoor shoes
- Outdoor shoes or trainers
- A couple of sets of clothes you don't mind getting wet and dirty in for the activities. Preferably not denim or other heavy material.
- A warm jumper or fleece
- Comfortable clothes for the evening
- Enough changes of socks for your stay (preferably not trainer socks)
- At least one pair of thicker socks (sports socks or hiking socks) to be worn inside walking boots.
- Toiletries and a towel
- Gloves and a woollen hat plus a sun hat for the summer
- Midge spray, sunglasses & sun cream (optional-summer only)
- Camera (optional)
- Torch (optional)

Please note that clothes worn on the activities may get wet and muddy.

ALL BEDDING WILL BE PROVIDED

All group members will be required to carry their own bags.

Lledr Hall will provide the following

- Waterproof Jacket
- Waterproof Trousers
- Fleece Jumper
- Rucksack
- Walking Boots
- Any specialist equipment for the activities