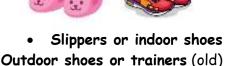
LLEDR HALL

EDUCATION THROUGH ADVENTURE

Children's Kit List

For your visit to Lledr Hall you will need the following:

- Sleeping Bag
- Pillowcase
- Pyjamas
- At least 2 pairs of tracksuit bottoms or thick leggings - no jeans or heavy cotton





• One t-shirt per day must cover shoulders and not be cropped (thermals are good for the winter)



 At least two long sleeved warm tops, for example a hoodie, sweatshirt or fleece



- Comfortable clothes for the evening
- Enough underwear for each day and a few extra
- Enough socks for each day must be over the ankle (no trainer socks)
- At least two pairs of thicker socks for walking boots must be over the ankle



- Toiletries and a towel
- No sprays deodorant / body sprays / hair spray etc
- Swimming costume (April November)

	11
E	
	E.

- Gloves and a woolly hat or a sun hat in the summer
- Plastic bin liner for wet and dirty clothes
- Sun cream (optional-summer only)
- Torch (optional)

Please note that clothes worn on the activities may get wet and muddy. Children must be able to carry their own bag.