

LLEDR HALL

EDUCATION THROUGH ADVENTURE

Kit List for Children

For your visit to Lledr Hall you will need the following:

- **Sleeping Bag**
- **Pillowcase**
- **Pyjamas**

- **Slippers or indoor shoes**
- **Outdoor shoes or trainers** (old)

- **At least 2 pairs of tracksuit bottoms or thick leggings** - no jeans or heavy cotton
- **One t-shirt per day** – must cover shoulders (thermals are good for the winter)
- **At least two hoodies, sweatshirts or fleeces**

- Comfortable clothes for the evening

- **Enough underwear for each day** and a few extra

- **Enough socks for each day** – must be over the ankle (no trainer socks)
- **At least two pairs of thicker socks** for walking boots – must be over the ankle

- **Toiletries and a towel**
- **No sprays – deodorant / body sprays / hair spray etc**
- Swimming costume (April – November)

- Gloves and a woolly hat or a sun hat in the summer
- Plastic bin liner for wet and dirty clothes
- Midge spray & sun cream (optional-summer only)
- Camera (optional)
- Torch (optional)

Please note that clothes worn on the activities may get wet and muddy. Children must be able to carry their own bag.

Lledr Hall will provide the following

- Waterproof Jacket
- Waterproof Trousers
- Fleece Jumper
- Rucksack
- Walking Boots
- Any specialist equipment for the activities

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