

Kit List for Children

For your visit to Lledr Hall you will need the following:

- Sleeping Bag
- Pillowcase
- Appropriate night wear
- Slippers or indoor shoes
- Outdoor shoes or trainers
- At least 2 pairs of tracksuit bottoms, thick leggings or equivalent- no denim or heavy cotton material
- At least 2 t-shirts
- At least two jumpers, sweaters or long sleeved tops- in summer the children will still need to cover their arms for some activities so a light weight long sleeved t-shirt may be more appropriate.
- Comfortable clothes for the evening
- Enough changes of underwear and socks for your stay (no trainer socks)
- At least one pair of thicker socks (sports socks or hiking socks) to be worn inside walking boots.
- Toiletries and a towel
- Swimming costume
- Gloves and a woollen hat plus a sun hat for the summer
- Plastic bin liner for wet and dirty clothes
- Midge spray & sun cream (optional-summer only)
- Camera (optional)
- Torch (optional)

Please note that clothes worn on the activities may get wet and muddy.
Children must be able to carry their own bag.

Lledr Hall will provide the following

- Waterproof Jacket
- Waterproof Trousers
- Fleece Jumper
- Rucksack
- Walking Boots
- Any specialist equipment for the activities
- A water bottle